



LGBTQ+ 14-25
Projet 10

1575 Amherst
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p10.qc.ca

Volunteer position

Active Listeners

About the service

Project 10 offers multiple groups/spaces for youth to have discussions and socialize. For these situations we prefer to have 1 or 2 active listeners present for anyone who might need someone to talk to. **These volunteers must be above 18 and not have relationships with current p10 participants.** To see which groups are currently being offered please see 'groups' on the website under 'Group programming'.

Main responsibilities

- Being present and ready to do active listening during specific times.
- Being familiar with p10's approaches and mission, including confidentiality.
- Reporting specific issues to the staff.

Personal skills and assets

- Active listening experience
- Being familiar with local resources

Time commitment

We ask for a time commitment of minimum 4 months for this role. You would be paired with a bi-weekly group based on your availabilities/proximity to the topic discussed in the group (For example, with the person's consent, a racialized person would be placed as active listening with the group for racialized LGBTQ2S+ youth)

