



Project 10 - 1575 Rue Amherst, Montréal, QC H2L 3L4 - questions@p10.qc.ca - <http://p10.qc.ca/>

Volunteer position
Clothing exchange organizing

About the service

Anyone who uses the Asterisk space is welcome to enjoy a free, home-cooked meal on us - thanks to our volunteers! Once a month we cook vegan, nutrition-filled meals and snacks that are frozen for our youth to enjoy. As 2LGBTQ+ youth still experience high rates of food insecurity caused by everything from high unemployment/homelessness to food banks always asking for ID, this essential service will keep our bellies filled and hearts warmed all month long! You're more than welcome to eat some of the food cooked during the day,

Main responsibilities

- Chopping and prepping ingredients
- Cleaning up after the cooking
- Packaging and labelling all food made

Personal skills and assets

Cooking experience appreciated but not needed, you're welcome to join us to learn more techniques in vegan cooking!

Ingredients and supervision provided by Midnight Kitchen, a longtime supporter of P10.

Time commitment

We cook food together the second Sunday of every month, from 1-4pm. Please sign up here, as the kitchen gets crowded fast! We will ask you to confirm your presence again a week in advance. Please let us know if you are unable to make a shift as soon as you can, as we often have people waiting on a wait list for this opportunity!

Wanna get on the waitlist: E-mail questions@p10.qc.ca